



C O R N U C O P I A
I N S T I T U T E

Important Information for Parents

DHA and ARA in infant formula have been linked to severe diarrhea, vomiting, dehydration, and gastrointestinal pain in some infants. Since these additives are relatively new in infant formula, not all pediatricians are aware of their possible side effects.

If your infant experiences these symptoms, a formula without these additives may relieve all symptoms within 24 hours. Please check ingredients lists for formula **WITHOUT** Mortierella alpina oil and Cryptocodium cohnii oil (sometimes listed as M. alpina oil and C. cohnii oil).

These oils are extracted from fermented fungus and algae with a neurotoxic chemical solvent, and some infants experience serious adverse reactions to these additives.

If your infant experienced side effects from DHA and ARA in infant formula, please share this with us. We are petitioning the FDA to require a warning label on infant formula containing DHA and ARA, and we need to show them that this is a serious problem that they can no longer ignore.

Sharing your story with us, even if you wish to remain anonymous, will enable us to more effectively petition the government to protect infants from further harm. Please send your story in an email to vallaeyes@cornucopia.org, or by mail to The Cornucopia Institute, PO Box 126, Cornucopia, WI 54827.

We also encourage parents to file an adverse reaction report with the FDA's Medwatch program at <https://www.accessdata.fda.gov/scripts/medwatch/medwatch-online.htm>